

K 12 Breakfast Menu **High School Summer 2023**



TOGETHER - Preparing EVERY **Studerst for Future Success**

Monday June 5, 2023	Tuesday June 6, 2023	Wednesday June 7, 2023	Thursday June 8, 2023	Friday June 9, 2023
Egg & Cheese	Sausage, Egg &	Tie-Dve	Egg & Cheese	Breakfast Pizza
On A Bagel	Cheese on A Biscut	Donut	On A Biscut	Djeariast Pizza
Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or
Assorted Canned Fruit Choice of Milk	Assorted Canned Fruit Choice of Milk	Assorted Canned Fruit Choice of Milk	Assorted Canned Fruit Choice of Milk	Assorted Canned Fruit Choice of Milk
Olipiay at Italix	Constitution and the second			
Monday	Tuesday	Wednesday	Thursday	Friday
June 12, 2023	June 13, 2023	June 14, 2023	June 15, 2023	June 16, 2023
Belgain Waffle & Sausage Patty	Sausage, Egg & Cheese on A English Muffin	Breakfast Pizza	French Toast Stick W/ Sausage Patty	Ham, Egg & Cheese On A Bagel
Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or
Assorted Canned Fruit Choice of Milk	Assorted Canned Fruit Choice of Milk	Assorted Canned Fruit Choice of Milk	Assorted Canned Fruit Choice of Milk	Assorted Canned Fruit Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
June 19, 2023	June 20, 2023	June 21, 2023	June 22, 2023	Jime 23, 2023
NO COUCCI	Egg & Cheese	Tie-Dye	Ham, Egg &	Bacon, Egg & Cheese On A
NO SCHOOL JUNETEENTH DAY	On A Biscut	Donut	Cheese Crossaint	Bagel
Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or	Assorted 100% Fruit Juice or Assorted Fresh Fruit or
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Monday	Tuesday	Wednesday	Thursday	Friday
June 26, 2023	June 27, 2023	June 28, 2023	June 29, 2023	June 30, 2023
Sausage, Egg &	Bacon, Egg &	Breakfast Pizza	Egg & Cheese	Tie-Dye
Cheese Crossaint	Cheese on A English Muffin		On A Bagel	Donut
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
		Madagadas		Friday
Monday July 3, 2023	Tuesday July 4, 2023	Wednesday July 5, 2023	Thursday July 6, 2023	July 7, 2023
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
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Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit	or Assorted Fresh Fruit or Assorted Canned Fruit
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or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk Monday July 10, 2023 NO SCHOOL Assorted 100% Fruit Juice	or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk Tuesday July 11, 2023 NO SCHOOL Assorted 100% Fruit Juice	or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk Wednesday July 12, 2023 NO SCHOOL Assorted 100% Fruit Juice	or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk Thursday July 13, 2023 NO SCHOOL Assorted 100% Fruit Juice	or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk Friday July 14, 2023 NO SCHOOL Assorted 100% Fruit Julo
or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk Monday July 10, 2023 NO SCHOOL	or Assorted Fresh Fruit or Assorted Cenned Fruit Choice of Milk Tuesday July 11, 2023 NO SCHOOL	or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk Wednesday July 12, 2023 NO SCHOOL	or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk Thursday Juty 13, 2023 NO SCHOOL	Choice of Milk Friday July 14, 2023

DAILY BREAKFAST OPTIONS MAYINCLUDE:

Items Served at the Elementary School's everyday include Cereal and Toast. Items Served at the HS/JHS everyday include Cereal and Toast.

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fult (at least 1/2 cup must be taken with every breakfast) and Choice of Milk Choice of Milk - 1% white, fat-free white, and fat-free chocolate

Fruit May Include: Must choose at least 1/2 cup

Canned peaches, applesauce, canned pears, canned pineapple, fruit cocktail, mandarin oranges, 100% juice

Fresh Fruit Selections May

include: Oranges, Apples, Bananas, Grapes, Pears, Peaches, antaloupe, Mellon, Strawberries Applesauce, Pineapple, and Mandarin Oranges.

Nutrition Service Director John Dzurina 440-661-4351 (x11043)

John.dzurina@aacs.net Nutrition Services Supervisor JoEll Rapose 440-993-2490 (x14009) joell.rapose@aacs.net

Menu subject to change based upon product availability

This institution is an equal opportunity provider.

For your convenience we now offer a way to pay online. Go to "www.payschoolscentral.com" to find out more.